

UTTARAKHAND

Satopanth Lake Trek

Overview

Region: - Joshimath

Duration: - 6 Days

Grade: - Moderate

Max Altitude: - 4350 mts. Approx.

Trekking Km: - 43Kms.

Months- June, Sept- Oct.

Cost: -Rs. 15,000 + 5% GST.

Add-ons-

- ☐ + Rs. 2000 Backpack Offloading
- ☐ + Rs. 2200 Rishikesh - Rishikesh
- ☐ + Rs. 430 Mandatory Insurance

AdvenThrill

Brief Description

Satopanth Lake is a holy lake near the base of the 7138 m Chaukhamba massif. The trek to Satopanthlake starts from Mana - the last village near the Indo-China border in Uttarakhand, near the pilgrimage town of Badrinath. From Mana, you follow the Alaknandariver to its snout at Alkapuri and walk next to the glacier to reach the undulating meadows and Laxmiban and Chakrateerth before reaching the lake. The maximum altitude you gain during Satopanth lake trek is 4350 m. With its crystal clear green water, the triangular lake has a perimeter of one kilometer. On its three corners meditated the holy trio - Brahma, Vishnu, and Mahesh and still do, it is believed - the creator, the preserver and the destroyer charting out the course of the world. Satopanth Tal Lake Trek in Uttarakhand is an isolated trek in Garhwal Himalayas nestled on the base of legendary Nilkantha peak and several other prominent peaks in proximity. The route offers splendid views of Chaukhamba, Nilkantha, Balakun, Kamet and Abi Gamin. The best time to do Satopanthlake trek is May - June, and September - October.

Itinerary

Day 1

Arrive at Badrinath (10,429 ft) -

Badrinath is a Hindu pilgrimage site famous for being one of the Char Dhams. The road initially descends to the valley floor, before climbing along a steep gorge to the pilgrimage site of Badrinath. We will spend the rest of the day acclimatising at Badrinath. Mana, the last village of India towards the Indo-China border at Mana Pass, is just 4 km away from Badrinath. Overnight in hotel/guest house at Badrinath.

Day 2

Badrinath to Laxmiban (12,000 ft) - 8.5 km

We start our day with an easy walk up the Alakanandariver towards the Somtoli meadows. You will see the mighty 400 ftVasudhara falls on the opposite banks after a while. The trail climbs gradually till Somtoli, crossing a landslide section. You might find few shepherds here or their vacant caves. From here, a small walk through a boulder section takes us to our campsite marked by a cluster of Bhojpatra trees on the slopes. The campsite has great views of Alkapuri, the snout and starting point of Alaknanda river and the Balakun peak.

Day 3

Laxmiban to Chakrateerth (13658 ft) - 9.5 km

The trail gets more challenging today. We will start with a sharp ascent through boulders and scree to SahastraDhar. As we climb up the valley, views of Nilkanth, Balakun and Chaukhamba open up. Once we reach SahastraDhar, we will cross a little stream and walk across a flat area with dozens of streams flowing and merging with each other. Then, we start traversing the left (true right) lateral moraine of the glacier coming down from Chaukhamba at the head of the valley. The trail climbs steeply again after SahastraDhar, followed by a short level walk across the upper snow slopes to reach our campsite at Chakrateerth. We will camp in Chakrateerth for the night.

Day 4

Chakrateerth to Satopanth Lake (14258 ft) to Chakrateerth - 7.5 km

Although today's trail is short with an easy ascent, the trail goes through tricky boulder sections along the left (true right) lateral moraine. We will cross two spurs coming down from the slopes of Nilkanth to our left (true right) to reach Satopanth Lake - a beautiful blue triangular lake.

Throughout the day, we will have imposing views of Chaukhamba and Nilkantha, and a bunch of small glacial lakes to our right. After spending some time at the lake, we will return to Chakrateerth for the night.

Day 5

Chakrateerth to Somtoli (11745 ft) - 11 km

We retrace our track today and reach Somtoli, where we will camp for the night.

Day 6

Somtoli to Mana - 6.5 km. Drive to Joshimath.

We will finish the remaining descent today and then drive from Mana to Joshimath. Overnight stay in hotel/guest house.

Cost Terms

Inclusions: -

1. Accommodation. (Guesthouse, Homestay, Camping).
2. Meals while on trek (Veg. + Egg) from Dinner on Day 1 to Dinner on Day 5.
3. All necessary entry fees and permits.
4. First Aid Medical Kits and Oxygen Cylinder.
5. Mountaineering qualified & professional Trek Leader, Guide, Cook and Support staff.
6. Porters/mules to carry central equipment.

Exclusions: -

1. Food during the transit.
2. Transport.
3. Mules or porter to carry personal luggage.
4. Anything not specifically mentioned under the head Price Includes.
5. Any kind of emergency evacuation charges
6. Any kind of personal expenses.

Note: Normally Adventhrill expect to carry your personal luggage on your own, if you wish to offload your backpack, you can give it to Mule.