



SIKKIM

## Goechala trek

### **Overview**

Region: - Sikkim

Duration: - 11 Days

Grade: - Moderate

Max Altitude: - 15,100 ft. Approx.

Trekking Km: - 90 Kms.

Cost: - ₹18,500 + 5% GST.

Add-ons-

- ☐ + Rs. 1224 Backpack Offloading
- ☐ + Rs. 2500 New jalpaiguri to New jalpaiguri
- ☐ + Rs. 430 Mandatory Insurance



**AdvenThrill**

## **Brief Description**

The beautiful Goechala trek commences from New Jalpaiguri Station which is located at a distance of 150km from Yuksom. This distance is covered by an 8 hours drive and reaching Yuksom late evening. From Yuksom the trekking journey starts, the following day, moving to an altitude of 7200 feet which is about 8 kms trekking, to Sachen amidst forested land. The trail is quite scenic though the lucky ones may encounter some mountain animals like yak, mule also. From Sachen the trek continues the next day to Tsokha at 9700 feet which is about 7kms away. The walk is quite pleasant with sights of prominent peaks and rhododendron and alpine berries. The next day, the hiking trail continues to Dzongri via Phedang in a 9kms long trek to an altitude of 12980 feet. The hiking trail for the day is difficult, rocky and steep ascent. After a tiring journey it's a rest day the next day where one get time to explore Dzongri at its best. On the sixth day the hiking trip begins from Dzongri to Thansing based at 12,900 feet and a distance of 10kms amidst lush meadows and crossing Kokcharang at 12,000feet. The next day it's a 4kms trek from Thansing to Lamuney at 13,650 feet. The following day holds a much difficult trekking schedule to Goechala at 15,100 feet and back to Lamuney, via Samiti Lake. The trek involves steep ascents and difficult turns but the sight of the destination is worth every trouble. Cherishing the view in heart for ever descend to Lamuney or further Thansing if weather permits. One can enjoy the view of famed Himalayan peaks in this trail. From Thansing, the next day descend to Tsokha through rhododendron forests. The following day it is a long trek of 15kms to Yuksom which takes about 6 hours. The next day drive back to New Jalpaiguri Station for an onward journey.

## **Itinerary**

### **Day 1**

#### **New Jalpaiguri (NJP) to Yuksom**

- Altitude: 5700 ft.
  - 150 km drive, approx 8 hours.
  - Pick-up at 10am NJP railway station (Travel cost inclusive.)
  - Pass through Police Check Post at Melli. Foreigners need Inner Line Permit (ILP) – the driver will help get it. Procedure takes half-an-hour.
  - From NJP to Melli (at the border of Sikkim and West Bengal.)
  - Lunch break at Jorthang.
  - Last ATM at Legship .
  - Base camp at Yuksom. Overnight in guest house.
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### **Day 2**

#### **Yuksom to Sachen**

- Altitude: 7200 ft.
  - 8 kms trek, approx 6 hrs.
  - No shops on the trail. Erratic telecom network. Abundant water sources.
  - Have packed lunch en route.
  - Trail through dense forests, with frequent ascent and descent.
  - After half-an-hour walk from Yuksom, you can see Tshokha.
  - Trail passes through three iron bridges (Gradual ascent till the first bridge, steep ascent for 20 min then gradual descent till second bridge and gradual ascent till third bridge. Walk for half an hour to the camp site.
  - Be careful on trails as it stays busy with animals like yak and mules. Make way for the animals by sticking to the mountain side.
  - Sachen campsite is in the forest, so accommodation in tents.
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### **Day 3**

#### **Sachen to Tshokha via Bakhim**

- Altitude: Bakhim at 8600 ft and Tshokha at 9700 ft
  - 7 kms trek, approx 5 hrs
  - Pleasant walk till the last iron bridge (1 km from Sachen)
  - Steep ascent till Bakhim - spot peaks like: Mt. Pandim, Tenzinkhay
  - Enjoy tea and refill water at Bakhim
  - Bakhim to Tshokha - 2kms trek
  - Trail lined with Rhododendron and Alpine berries
  - Lunch at campsite
  - Overnight in tents
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### **Day 4**

#### **Tsokha to Dzongri via Phedang**

- Altitude: Phedang at 10500 ft and Dzongri at 12980 ft.
- 9 kms trek, approx 7 hours.
- The trail is mostly ascent - Tsokha to Phedang - 4.5 kms, 3 hrs and Phedang to Dzongri - 4.5 km, 3 hrs.
- For the first hour, trail is rocky, for two hours it is wooden trail and once again rocky, zig-zag trail till camp site.
- Carry packed lunch and enough water as there are no sources of drinking water en route.

### **Day 5**

#### **Rest day in Dzongari**

- Trek to Dzongari top at 13,675 ft, approx 1 hour.
- Peaks spotted: Frey Peak, Kumbakarana, Rathong, Kabru South, Kabru North, Kabru Dome, Kangchenddzonga, Juponu, Pandim, Simro.
- Instructions: Do not sleep, especially inside the tents, during the day. Go for small walks and explore the vicinity.

### **Day 6**

#### **Dzongari to Thansing via Kokcharang**

- Altitude: Kokcharang at 12,000ft, Thansing at 12900.
- 10 kms trek, approx 6 hrs.
- Dzongari to Kokcharang 8 kms trek, approx 4 hours.
- Gradual walk through meadows and descend to reach Kokcharang.
- Refill water at Kokcharang.
- From Kokcharang, walk to the bridge towards Prekchu river. Rest and then ascend for 2 kms to reach Thansing. • Enjoy hot lunch at campsite.

### **Day 7**

#### **Thansing to Lamuney**

- Altitude: 13650 ft.
- 4 kms trek, approx 2 hours.
- Morning call 8-9-10 (8am: tea, 9am: breakfast, 10am: Move for Lamuney).
- Easiest day of the trek - easy trail.
- Enjoy hot lunch at camp site.
- Trek further to Samiti Lake for 2kms.

### **Day 8**

#### **Lamuney to Goechala via Samiti Lake back to Lamuney**

- Trek to Thansing (or Kokcharang, depending on the trekkers' speed/weather).
- Altitude: 15,100 ft.
- 18 kms trek, 13 hours.
- Longest and toughest day of the trek.
- Call for Goechala 1am. Pack your backpack at night only, so when we return, we just have food and leave for lower campsite.
- Lamuney to Samiti Lake easy walk for one hour.
- Lamuney to Goechala View Point (15100 ft - 5 kms – 3 hrs) Steep ascent for 2 hours.
- Descend to Lamuney for hot lunch.
- Descent further to Thansing/Kokcharang.
- Peaks spotted: Kabru South, Kabru North, Kabru Dome, Kangchendzonga, Gocha Jupano, Pandim, Sinvo, Tenzingkhong.

### **Day 9**

## **Thansing/Kokcharang to Tsokha via Phedang**

- Altitude: Thansing 12,900 ft/ Kokcharang 12,000 ft to Tsokha 9700 ft.
- 16 kms trek, approx 7 hours.
- Start around 7am to reach by 3 pm Tsokha.
- Carry packed lunch.
- Kokcharang to Phedang (12 kms, approx 4 hrs) - gradual ascent and descent in the Rhododendron forest.
- Phedang to Tsokha - descent for 5 kms.

### **Day 10**

## **Tsokha to Yuksom via Bakhim and Sachen**

- Altitude: 5670 ft.
- 15 km trek, approx 6 hours .
- The trail is a complete descent on the same route as day 2 and 3.
- Carry packed lunch.

### **Day 10**

## **Yuksom to New Jalpaiguri**

- Distance: 150 km (8 hr approx.)
- Reach NJP by 5:00 Pm

This is the last day of our expedition as you drive back from Yuksom to NJP. We will start the day early as a long drive awaits us for the day. After having a delicious breakfast at Yuksom, you will start your journey towards New Jalpaiguri. The distance from Yuksom to NJP is 150 km and will take 8 to 9 hours depending on traffic congestion and you will reach NJP by late evening.

Driving along the same scenic route that we came in, with the beautiful Teesta River flowing side by side, we will reach NJP in the late hours of the day. You can arrange for a night's stay in NJP and then arrange your journey further. You can roam around in the local Hong Kong and Bidhan markets if time permits. You can shop local handicrafts and relish the local cuisine in the eateries. In your scheduled time, move onward on your further journey.

## **Cost Terms**

### **Inclusions: -**

1. Accommodation. (Tents, Homestay,).
2. Meals while on trek (Veg. + Egg) from Dinner on Day 1 to Dinner on Day 10.
3. All necessary entry fees and permits.
4. First Aid Medical Kits and Oxygen Cylinder.
5. Mountaineering qualified & professional Trek Leader, Guide, Cook and Support staff.
6. Porters/mules to carry central equipment.

### **Exclusions: -**

1. Food during the transit.
2. Transport.
3. Mules or porter to carry personal luggage.
4. Anything not specifically mentioned under the head Price Includes.
5. Any kind of emergency evacuation charges
6. Any kind of personal expenses.

Note: Normally Adventhrill expect to carry your personal luggage on your own, if you wish to offload your backpack, you can give it to Mule.